

100 THINGS

You Must Do This Summer

If the season begins the day you pick up this paper, and if the good weather holds into September—as it often does in these parts—then we figure summer lasts about 100 days. Bracketed by changeable spring weather and bleak winter, those days are luxuries to be well and carefully spent.

Task-oriented as always, we here at AV reached out to friends and colleagues, and deep into the archive of our own summer idylls, to assemble for you 100 things you must do in summer.

They're presented in no particular order. You'd do well to cross off a dozen before autumn. You'd do even better to make a list of your own and pursue it assiduously. (And to send us your list: editorial@arvoice.com.)

1. Eat ice cream every day. Make a circuit of the many parlors Buffalo has to offer: Sweet Tooth, Dolci, Anderson's Custard, Fowler's, Sweet Jenny's, Condrell's, Charlap's, Parkside Chocolates, the Hatch, Rascals. See how many flavors you can order without repeating.

2. Say thank you to the Bubble Man of Allen Street. Next time you're on the corner of Elmwood and Allen and find yourself surrounded by bubbles, take the time to thank the source. Charles Incorvaia has been entertaining passersby for more than five years from his lofty perch above Jim's Steak-out. How to thank him? Here's one idea: He gets his coffee at Tasso, that charming



PHOTO BY: PETER KOCH

shoebbox of a coffeehouse just up the block on Elmwood. Stop in, give the barista two bucks and say you'd like to buy a coffee for the Bubble Man when he comes in next. Think of it as an endowment.

3. Drink from a fruit jar at Earl's. Yes, Earl's is back, and it makes a great destination for anyone traveling near Route 16 in Chaffee. Have a delicious piece of pie and savor the second coming of this classic greasy spoon, and see if you can convince Earl to reinstate his great summer bluegrass concert series.

4. Wear a seersucker suit. There's no need to be weighed down this summer if you want to look sharp. Invest in a seersucker suit from one of Buffalo's wonderful men's shops; they're generally less than \$150. You'll feel breezy, sophisticated, and suave from the moment you walk out the door. You might channel an E. M. Foster's character from a *A Room With a View* on a promenade about Rome, or a New Orleans lawyer drinking cocktails on the veranda.

5. Turn off your TV. You don't need that noise. Sit on a porch with friends instead.

6. Throw away your papers. Fall behind on the news; it'll be waiting for you in September, when the presidential election hits high gear. Read a book or two instead—you know, those things they sell at Rust Belt, and Talking Leaves, and Second Reader.

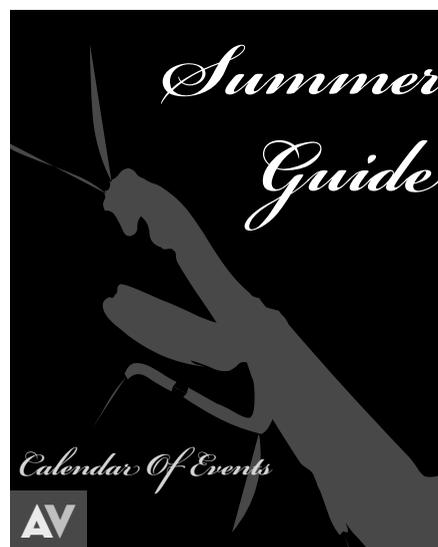
7. Head out to the country. The best place to watch the Perseid meteor showers—the peak day is August 12 this year—is away from city lights. The Boston Hills are nice. So is Strykersville, and the Strykersville Pub has the best grilled cheese sandwich in Western New York.

8. Build yourself a home. Volunteer just one day to Habitat for Humanity this summer. Or, if you're more a tearer-down than a builder-up, to Buffalo ReUse.

9. Dig a little garden. A visit to Urban Roots, the nation's first cooperative garden center, will get you started. If you haven't visited the shop at 428 Rhode Island Street (362-8982/urbanroots.org), then maybe your visit visit ought to be on June 21, when Urban Roots celebrates its first year in business with activities all day and a reception in the evening.

10. Eat a lot of peaches. All right, peaches don't come in until August. But Native Offerings (nativeofferings.com), an organic CSA outside Ellicottville, should be producing strawberries and raspberries now.

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FAIRS & FESTIVALS

Allegany County Fair. July 14-19. Features J&J Amusements on the Midway, mini-theater, exhibits, live demonstrations in museum, model building, domestic arts & crafts, farm machinery, 4-H and more. Kellie Pickler concert, 8pm Friday night. \$8 general admission (3 and over) except Friday night. (585-593-1180/allegany-countyfair.org)

Allegany Heritage Days. (Various locations, Allegany) Aug 2-3. Craft sales, bake sale, music, children's entertainment and more. Free.

Allentown Art Festival (Downtown Buffalo) June 14-15, 11am-6pm. One of the largest art festivals in the country. Quality arts and crafts. Free. (881-4269/allentownartfestival.com)

Antique Boat Show & Raceboat Reunion (Buffalo Launch Club, Grand Island) Sept 6, 10am-4:30pm. See a great selection of cruisers, race boats, skiffs, sail boats, outboards, canoes. Also featuring a classic car show. (oldboatsbuffalo.org)

Art Alive (Albright-Knox Art Gallery, Buffalo) June 7, 12-2pm. Live music, art demonstrations and activities, and a large display of "living" art. (270-8274/albrightknox.org)

Art, Jazz & Wine Fest (Peak 'n Peak Resort, 1405 Old Rd, Clymer) July 26, 12-5pm. Featuring artistic and musical talent from across the tri-state region. (355-4141/pknpk.com)

Attica Rodeo & Show Association 51st Annual Rodeo (Exchange Street Arena, Attica) Aug 1, 7:45pm & Aug 2-3, 12:45pm & 7:45pm.

Bareback and saddle bronc riding, calf roping, cattle penning, barrel racing, steer wrestling, and more. Adults \$15, children 6-12 \$5, children under 5 free. (atticarodeo.com)

Bonafest (St. Bonaventure Church 95 E Main St., Allegany) July 12-13. Food, games and music. (373-1330)

Bluegrass, BBQ & Brews Fest (Peak 'n Peak Resort, 1405 Old Rd, Clymer) Aug 16. Featuring live entertainment by local bluegrass musicians. (355-4141/pknpk.com)

Buffalo's Biggest 80s Bash (Buffalo Convention Center) June 28, 8pm. Dance music, 80's cover bands, and yet unnamed 80's celebrities. Admission \$35. (491-0062/80sbash.com)

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Clams and beer at MT Pockets

PHOTO BY: ROSE MATTREY

(I prefer fruit and vegetables from the Southern Tier, on account of the industrial pollution in Niagara County.) Cherries will be coming in July. You can volunteer your labor there for a day in exchange for produce.

11. Try to find Jesus (but not on your own). Maybe tent revivals are making a comeback, maybe they never went anywhere. But there are modern-day Elmer Ganttrys everywhere. Hamburg's Old Time Baptist Church just pulled up stakes at Fontana Grove in West Seneca, but they're pitching the tent again on Gowanda Road in Hamburg, August 17-22. Get some of that

old-time religion. Alternately, keep an eye peeled for lawn fetes at Catholic churches, like the one this weekend (June 6) at St. Joseph's in Batavia.

12. Visit every Olmsted Park. There are seven of these national treasures in total: Cazenovia, Delaware, the Front, Martin Luther King, Jr., Riverside, South, and Parkways. Take a walk, have a picnic, play hide-and-go-seek. If you're feeling particularly generous, you can even help to improve them by volunteering or donating. Visit buffaloolmstedparks.org for details.

Buffalo Brewfest (HSBC Arena, Buffalo) Aug 23, 2pm. Beer-tasting event features samples from over 100 microbreweries; all proceeds to benefit the Buffalo Hearing & Speech Center. Admission \$25, designated drivers free. (885-8318/buffalobrewfest.com)

Buffalo Feis (Agri-Center at the Hamburg Fairgrounds) June 7. Competitions in Irish dance, language, art, music and soda bread baking, as well as food and art vendors. \$10 admission. (649-3900/buffalofeis.org)

Buffalo Place Rocks the Harbor (Erie Canal Harbor). Free outdoor concerts Aug 15-16. Fri: Great Big Sea; Sat: The Robert Cray Band, Keb' Mo'. (buffaloplace.com)

Buffalo Garden Walk (Elmwood Village, Symphony Circle, the Cottage District, Historic West Village and Allentown, Buffalo) July 26-27, 10am-4pm. Three headquarters with walk maps: Richmond-Summer Senior Center, Buffalo Seminary School and Allentown Association. Self-guided tours of local gardens. Free. (879-0123/gardenwalkbuffalo.com)

Buffalo Irish Festival (The Hamburg Fairgrounds) Aug 22 5-11pm, Aug 23 12-11pm & Aug 24 12-9pm. Irish food, crafts, cultural exhibits, Irish dance, an original show by the Irish Classical Theatre Company and O'Connell & Company, and music by the Saw Doctors, Andy Cooney Band, the Prodigals, Bua, Seven Nations and more. Adults \$10, seniors \$7, children 4-12 \$7, under 4 free. (743-9348/buffaloirish.com)

13. Watch a sunset at the Front. Enjoy double the sunset as you observe the stunning reflection over Lake Erie and the Niagara River. Imagine the Peace Bridge plaza somewhere else entirely.

14. Visit the Butterfly Conservatory at Niagara on the Lake. Grab your most colorful shirt and drive to Niagara Falls on a rainy day. Walking through the simulated jungle atmosphere, don't be surprised if some of the 2,000 butterflies in the conservatory decide to use your shoulder, arm, or head as a quick perch. Visit niagaraparks.com/garden/butterfly.php for details.

15. Send the kids to summer camp. Depending on what your youngsters are interested in and how much time you would like to spend with them, there's a smorgasbord of options for you to choose from. Camp Weona, a YMCA camp, provides the typical bug juice and campfire songs sleep-away experience. Camp weona (campweona.org) been operating for 111 years. But you could also opt for a day camp such as Mount St. Mary Daycare, which send kids on a field trip every day.

16. Spend at least one morning with the Women in Black. The war continues.

17. Spend a day at Niagara Falls, including Maid of the Mist and Goat and Three Sisters Islands. Appreciate the world wonder in our backyard. *Really* appreciate it. Don't just lean on the railing or look through the binoculars that cost 50 cents. Visit the history rich Goat and Three Sisters Islands and learn about their fascinating Native American history. Get up close and very

personal with the falls through the drenching Maid of the Mist, a sure-fire way to cool off in hot weather.

18. Eat lots of soft shell crab, oysters, mussels, clams. Be shellfish! The patio at Merlin's on Elmwood or MT Pockets on Hertel are fun, both to see people and to eat seafood.

19. Go to a drive-in movie. This is high on my list of things you can do in Western New York that you can't do in a lot of other parts of the country. The ones closest to the city of Buffalo have disappeared over the years as the real estate became too valuable; the recently deceased Buffalo Drive-In on Union Road lasted as long as it did because the location—across the street from a cemetery—was deemed undesirable for any other use. But there are still four of them in the area—the Transit in Lockport (21 miles from the city), the Sunset in Middleport (30 miles), the Delevan in Delevan (45 miles), and the Silver Lake in Perry (54 miles). They're all in great shape, with new (multiple) screens and radio sound, and show the latest hit movies. They thrive exactly because the economy is otherwise so lousy: not only are the ticket prices substantially lower, but you get two movies for the price of one. It's a family deal that can't be beat. And it's the only place left outside of your living room where you can watch a movie and smoke, as well as enjoying whatever else you happen to bring in your cooler. For more info check out www.drive-ins.com.

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Elmwood-Bidwell farmers market

PHOTO BY: ROSE MATTREY

Canal Fest (Erie Canal Banks, Tonawanda) July 13-20. Arts and crafts show, carnival rides, games, food vendors, live entertainment, golf tournament, pageants, parade, boat race, closing fireworks and more. (692-3292/canalfest.org)

Children First Festival (Various locations, Ellicottville) Aug 16-17. Circus, fashion show, parade, hands-on activities, fireworks and more. (699-5586)

Come Home to Salamanca (Various locations, Salamanca) July 11. Food and craft vendors, live music, children's entertainment, classic car show, sock hop and more. (945-2034)

Corn Hill Arts Festival (Corn Hill Neighborhood, Rochester) July 12-13. Over 400 artists

and craftspeople, live entertainment, food and more. (585-262-3142/cornhill.org)

Dunkirk Lighthouse Festival & Craft Show (1 Lighthouse Point Dr., Dunkirk) Aug 15-17. Lighthouse and museum tours, food, music, crafters, ham radio demonstrations and more. (366-5050/dunkirkighthouse.org)

Drums Along the Waterfront (Ralph Wilson Stadium, 1 Bills Dr, Orchard Park). Aug 3, 6:30pm. International drum and bugle competition, Admission \$25, kids 12 and under \$12.50, free parking. Tickets available at The Ralph Wilson Stadium box office, ticketmaster.com, ticketmaster outlets. (867-1618/drumsalongthewaterfront.org)

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Brave the Zipper at a small carnival.

PHOTO BY: ROSE MATTREY

20. Don't miss the Erie County Fair. Or whatever they like to call it nowadays. Every year you say you'll go, but you let those two weeks slide by. Don't. It's August 6-17, and each day promises something more exciting than the next. Watch the pig races, ride the ferris wheel, gnaw some signature salt-water taffy, caramel apples, or fried dough. Buy something from the crafts tent, and round the evening off with a visit to the grandstand for some good old American

talent. Or, at the very least, the Ultimate Bus Demolition Derby on August 16.

21. Go to the Museum of Science Star Lights party. It's on June 7. It's on the roof. They have telescopes for stargazing, and the museum needs the money.

22. Go to a Bisons game, using the Metro-rail, just for the food. God knows the team's not inspiring this year. But it's still a pleasant (and relatively cheap) entertainment.

Eden Corn Festival (Post 880 American Legion, Legion Dr. & Rt. 62, Eden). July 31-Aug 3, Thurs 5pm-11pm, Fri noon-midnight, Sat 11am-midnight, Sun 11am-10pm. Food, midway rides, tractor pulls, square dancing, arts & crafts shows, music and more (992-9141/edencornfest.com)

Ellicottville Championship Rodeo (6319 Somerville Valley Rd., Ellicottville) July 4 at 7pm, July 5 at 1pm & 7pm, July 6 at 2pm. Barbeque, concessions, rodeo events and more. Adults \$15, children \$8. (699-4839/ellicottvilleroдео.org)

Ellicottville Summer Festival of the Arts (Various locations, Ellicottville) July 3-6. Arts and crafts show (July 5 & 6), home tours, fireworks, historical picnic, strawberry festival

and live music from the BPO (July 5) and the Little River Band (July 6). (800-349-9099/ellicottvilleny.com)

Elmwood Avenue Festival of the Arts (Elmwood Ave. between West Ferry and Lafayette) Aug 23, 10am-6pm & 24, 11am-5pm. Juried arts and crafts show with music, dance, children's activities, sidewalk events and more. (830-2484/elmwoodartfest.org)

Erie County Fair (Erie County Fairgrounds 5600 McKinley Pkwy., Hamburg) Aug 6, 2pm-10:30pm & Aug 7-17, 9am-10:30pm. Mile-long midway, live entertainment, agricultural exhibits and more. \$9 adults, \$7 seniors, \$4 children 6-12, children under 5 free. (649-3900/american-cas-fair.com)

23. Explore Letchworth State Park. Gas prices preclude a cross-country drive to the Grand Canyon this summer, but there's always Letchworth and its natural wonders. Walk, hike, camp, kayak, hot-air balloon, horseback ride, or enjoy a wonderful dinner at the Glen Iris Inn.

24. Take a boat ride through the canal locks in Lockport. During summer hours (June 17-September 1), boats leave from 210 Market Street at 10am, noon, 3pm, and 5:30pm every day. It's recommended that you reserve ahead to ensure your spot on a cruise. Call 433-6155 for details.

25. Build an awesome float for next year's Mardi Gras parade. Do it while the weather's nice, instead of freezing your ass off in the garage in February.

26. Sundowners at Root Five. You may or may not love the live music. The food's good but hardly groundbreaking. But for our money, Root Five (627-555/rootfive.com) in Hamburg has better lakeside views than any restaurant on Erie's western shores. Everything tastes better on a patio like this.

27. Take a Taste of Everywhere. A Taste of Buffalo, A Taste of Ellicottville, a Taste of Wherever. Surely there are more; why not tour the region's celebrations of gluttony the way baseball fans tour ballparks? This year's Taste of Buffalo (July 12-13) will once again be promoting healthy choices for eating. Feel free to eat to your heart's content without feeling guilty or too full to turn down all the delicious options that await you. For a small-town vibe, try the Taste of Ellicottville, which falls on the same day (August 9) as the Psychic Fair at

Holiday Valley's Clubhouse Chalet.

28. Walk through the Alabama Swamps. Don some khaki and pretend you're on safari. The Alabama Swamps, more than 20,000 acres of swamps, marshes, and forests, includes the Iroquois National Wildlife Refuge and the Tonawanda and Oak Creek Wildlife Management Areas. They're just north of Akron. Hike along the hundreds of trails, canoe Oak Orchard Creek, fish for bass and pike, or simply spend a day observing the amazing species of birds and other wildlife that call this area home.

29. Take a picnic and a kite to Fort Niagara State Park. After your informative tour of old Fort Niagara evokes memories of school field trips, spread a blanket and lay out your lunch. Take advantage of the refreshing breeze coming off Lake Ontario to test your kite-flying skills.

30. Start a water balloon fight.

31. Take a kid—yours, anybody's—to Bubble-fest at the Museum of Science. For one whole day (July 26), your kids can have a blast doing everything having to do with bubbles! Make big bubbles, small bubbles, bubbles inside of bubbles, and so much more. Admission is \$1 for members and \$8 and under for everybody else. For details, visit sciencebuff.org.

32. Go to Squeaky Wheel's Animation Festival in Day's Park. Squeaky Wheel's Fifth Annual Outdoor Animation Festival takes place on June 26 at 9pm in Day's Park. The festival features a series of animated shorts from all around the world, including Russia, the Netherlands, and the United States. For more information, visit squeaky.org.

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Get wet on the Maid of the Mist.

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Festa Italiana (St. John's Church 931 N Union St., Olean) July 19-20. Italian-American cuisine, music, games, children's activities and more. (372-5313)

Gus Macker Tournament (Niagara Square) June 21-22. Three-on-three basketball tournament for children and adults. (macker.com)

Filipino Day/St. Lorenzo Ruiz Day (Our Lady of Fatima, 1023 Swann Rd., Youngstown) July 24. 10:30am rosary procession, 11:30am Filipino Mass, 12:30pm lunch, 1pm cultural presentation. (905-839-8539/fatimashrine.com)

Finger Lakes Wine Festival (2790 County Rt. 16, Watkins Glen) July 18-20, Fri. 6-9:30pm, Sat. & Sun. 10am-5pm. Arts and crafts vendors, gourmet food, wine seminars, cooking demos,

live entertainment. (866-461-7223/flwinefest.com)

Friendship Festival (Mather Arch in Fort Erie and Riverside Park in Buffalo). June 28-30 (888-333-1987/friendshipfestival.com)

Genesee County Fair (Genesee County Fairgrounds, Batavia) July 15-19. Parade, rides and games, live entertainment and more. (578-0475/gcfair.com)

Genesee Highland Gathering (Genesee Country Village and Museum, 1410 Flint Hill Rd., Mumfords) June 8, 10am-5pm. Scottish bagpipes, Highland dancers, demonstrations, and children's games and activities. \$14 adults,

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Letchworth—the Grand Canyon of the East.

PHOTO BY: RON GROSSMAN



33. Grow tomatoes in your backyard. Come August, can them. Consult your local greenhouse or gardening book before digging up your garden. Tomatoes come in many different varieties, each suited to different climates and tastes. With research, you can finally find your tomato soul mate.

34. Grow cucumbers. Come August, make pickles.

35. Visit Rock City Park, south of Olean. Bring comfortable hiking shoes and wander along trails dwarfed by gigantic boulders several stories high at this ancient outcropping—believed to have been a Seneca Indian “fort” at one time, Rock City is a genuine americana tourist destination, complete with gift shop, sure to rival any gargantuan ball of string. rockcitypark.com.

36. Or Panama Rocks. Walk along solid history and take a hike along the 300-million-year-old Panama Rocks. With self-guided tours and a trail map, visitors are encouraged to take as long as they like as they snake through the many rocky corridors, caves, and deep dens. Open through October 20, 10am-5pm, there’s a whole lot of time to have memorable adventures. Tickets are \$6 and under; for more information, visit panamarocks.com.

37. Or Zoar Valley. On an inner tube. Ah Zoar Valley—sure, you can hike it. Or you can paddle. But the finest way to see Zoar Valley is to drift with the current on an inner tube. For more info, visit zoarvalley.org—and check to make sure the water’s

high enough.

38. Visit the Darwin Martin House and Graycliff, both in the same weekend. The city life, the country life...ah, well, the blueblood life. Humble yourself before the magnificent architecture of Frank Lloyd Wright. Each of these swanky houses has its own special attractions and marvels; both will stir imagination of the days when the city’s elite contracted *au courant* architects like Wright to design their summer and winter palaces. For more info, visit darwinmartinhouse.org and graycliff.bfn.org.

39. Go to every Thursday in the Square concert. You don’t have to stay if you don’t like the music. Just admire the crowd and the public space.

40. Go see both productions of Shakespeare in Delaware Park. Twice. You’ll enjoy them more on second viewing, and you’ll improve your picnic-packing with practice.

41. Join in Juneteenth. Buffalo’s Juneteenth celebration—which marks the Emancipation Proclamation—is the third largest in the country, which is sensible, given the city’s rich African-American history. This year’s celebration, June 14-15 in Martin Luther King, Jr. Park, is the 33rd since BUILD began organizing it in 1976. If you read *Artvoice*, odds are good you don’t get to the East Side often enough. This is a good reason.

42. Plant a tree. Anywhere you can.

43. Eat the entire Italian Festival. Let’s not pretend it’s about the bocce competition

or the Miss Italian Festival pageant or the live music or the ride. All of these are fine. But it’s about the food. Buffalo’s Italian Festival takes over Hertel Avenue July 17-20. Wear loose pants. For more information, visit buffaloitalianfestival.com.

44. Watch a sunset from the Cargill elevators down by the Buffalo River. Warning: You’re probably trespassing.

45. Pack a picnic basket with cocktails. You’ll need enough for two drinks for each person in your party. Add some snacks. Find a place to sit and watch the sunset—preferably someplace you need to walk a ways to get to. Repeat at least once a week as long as the weather is nice.

46. Make ice cream.

47. Make homemade lemonade. Or sun tea.

48. Go to a potluck dinner at Nickel City Housing Co-op. Every Wednesday night at 7pm, the old Granger Mansion at the corner of Allen and Elmwood opens its doors to anybody—*anybody*—who wants to share a meal with its residents. Can’t make it this Wednesday? You’re invited again next Wednesday. And the Wednesday after that. How can you keep saying no? More information about Buffalo’s two housing cooperatives can be found at nickelcitycoop.org. Bring a dish to pass. (Maybe some

homemade ice cream. Or a pitcher of homemade lemonade.)

49. Spend a night, or the whole weekend, at the Great Blue Heron Festival. It’s far and away the most laid-back and picturesque outdoor music festival of the summer. Even with thousands of music lovers camped in the woods, the Great Blue Heron has maintained a homey, intimate feel through all its 16, going on 17, years. Donna the Buffalo remains the house band, and the lineup this year includes the Avett Brothers, Entrain, and Big Leg Emma. Get thee to Sherman, New York, July 4-6. Bring the kids if you have them; leave the dog at home. More information at www.greatblueheron.com.

50. Collect fossils at Penn Dixie. It’s not just the trilobites. Penn Dixie is a beautiful place. For more info, go to penndixie.org.

51. Go to the Hellenic Festival. It’s this weekend, June 6-8, at the Hellenic Orthodox Church of the Annunciation, 146 West Utica Street. Admission is just two bucks. For more information visit buffalo-hellenic-festival.org.

52. Don’t miss the Pride Center’s Summer in the City party at LaSalle Park. It’s on August 24, a perfectly raucous closeout to summer.

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Experience a pow wow.

PHOTO BY: JANET FEGER

\$11 senior citizens and students with I.D., \$8 youth 4-16, children under 4 free. (585-538-6822/gcv.org)

Great Blue Heron Music Festival (Wait Corners Rd., Sherman) July 4-6. Over 50 performers, dance tent, music workshops, food and craft vendors, children’s activities and more. Starring Donna the Buffalo and the Avett Brothers. Pre-sale weekend pass \$61; one-day and youth passes also available. (487-1781/greatblueheron.com)

Hollywood Happening (Gowanda Harley-Davidson, Main St., Gowanda) May 30-June 1. Live music, bike show, tattoo contest, benefit run, and more. (532-4584/gowandaharley.com)

Heritage Days (Allegheny) Aug 1-2. Chicken BBQ, ice cream social, craft sale, flea market. (372-2918/oleanny.com)

Hellenic Festival (Church of the Annunciation, 146 W Utica St, Buffalo) June 6-7 11am-midnight & June 8 12-9pm. Greek cuisine, continuous live music, folk dancing, imported foods and gifts, church tours and cultural exhibits. Adults \$2, children under 12 free. (882-7121/buffalohellenicfestival.org)

Hinsdale’s Heritage Days (Hinsdale Town Park, Hinsdale) June 6-8. Live music, food, children’s activities, historical displays, car show, golf tournament and more. (557-8134)

Historic Lewiston Jazz Festival (Center St., Lewiston) August 22-24. Continuous performances by over 150 musicians, antique show,

classic car show, and food and wine from local restaurants. Free admission. (lewistonjazz.com)

Infringement Festival (Allentown, Buffalo) July 24-Aug 3. “Under the radar” theater, visual arts, media and music. (infringebuffalo.org)

Irish Festival (Floating Stage, 61 Lakeside Dr., Bemus Point) Aug 3. Live music, Irish dancing, and Irish food and drink. (386-7000/bemus-baypops.org)

Irish Festival (Gargoyles Park, Olean) Sept 5-6. Food, music and entertainment. (372-8766/oleanny.com)

Italian Heritage Festival (Hertel Avenue) July 17-20, 11am-11pm (10pm on Sunday). Italian food, cultural exhibits, live entertainment,

Bocce tournament and more. (874-6133/buffaloitalianfestival.com)

Juneteenth Festival (Martin Luther King Jr. Park) June 14-15, 11am-8pm. Parade, live entertainment, vendors’ market, historical exhibits, drill team competition, children’s activities and more, all celebrating African-American culture and the end of slavery. (891-8801/juneteenthofbuffalo.com)

Kingdom Bound 2008 (Darien Lake Theme Park Resort, 9993 Allegheny Rd., Darien Center) Aug 3-6. Four days of faith-based concerts and seminars, featuring Lincoln Brewster, Third Day, Jaci Velasquez, the Newsboys and more. (800-461-4485/kingdombound.org)

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53. Brush Up Buffalo. Who doesn't like to feel of a paintbrush in their hand? At the Brush Up Buffalo event on June 14, hundreds of volunteers join together to repaint some of the older houses around Buffalo which are badly in need of repair. Get out of the house, meet new people, and improve your beloved city. For more info, visit brushupbuffalo.org.

54. Take a ride down to Griffis Sculpture Park. Turn to page 16 to learn why.

55. Get your fortune told by the vending machine lady on Clifton Hill in Niagara Falls, Ontario. Remember the movie *Big?* Take your chances with a prediction from a genuine mechanical psychic. Don't turn up your nose at the other kitsch like wax museums, souvenir shops, and the museum dedicated to the greatest daredevil of all time, Evel Knievel, who jumped into eternity just last year. Visit www.evelknievel-museum.com. There are also great views of a waterfall from over there, we're told.

56. Go to a Seneca Pow Wow. There's a pow wow in Irving July 11-13, and another in Salamanca July 18-20. If you go to the Hellenic and Italian festivals, to Juneteenth and the St. Patrick's Day Parade, you ought to round out those experiences with this cultural celebration. Visit senecapowwow.org for detail.

57. Have your fortune told at Lilydale. Don't be nervous. Visit www.lilydaleassembly.com for information about special events at the lakeside community of Spiritualists.

58. Visit the Sonnenberg Gardens. Green thumbs aren't the only ones who'll appreciate the beautiful Sonnenberg estate. The mansion offers free guided tours throughout most of the day, but the real destination



Slip between the cracks at Rock City.

PHOTO BY: PETER KOCH

is not the mansion, but what lies behind it. Each magnificent garden has its own theme and all are meticulously maintained. More information can be found at sonnenberg.org.

59. Rent a boat at Hoyt Lake. Although some details are still up in the air at press time, we're told by the Olmsted Parks Conservancy that the popular boat rentals on Hoyt Lake (across from the Albright-Knox) will resume again this summer by the end of June. Anyone who had the pleasure of using them when they were briefly re-introduced a few years back knows that rowing around the lake combines a fun workout with a unique perspective on one of the city's most picturesque locations. Visit buffaloolmstedparks.org for more info.

60. Take a picnic to Knox Farm State Park in East Aurora. If you're lucky, there will be a polo match afoot. Follow up with a visit to Vidler's variety store on Main Street.

61. Jump from a high place into a body of water. Liability issues preclude our advising where to do this. (But if you should find yourself on Centerline Road...)

62. Camp out in your own yard. Why not cut the emissions you'd release if you were to drive out to the country, and instead set up stakes right near your own bathroom and fridge? This is also great for families who want a spur-of-the-moment adventure. Marshmallows toast just fine over a hibachi, and ghost stories are easier on younger kids when they know all their stuffed animals are in their own bed, just up the stairs. Twenty-somethings take note: Passing out on the front lawn down the street from Mr. Goodbar does not qualify as "camping."

Lebanese Festival (St. John Maron Catholic Church, 2040 Wehrle Dr., Williamsville) July 25-27. Ethnic food, drinks, music, dancing and children's entertainment. (632-9875)

Lewiston Garden Fest (Center St., Lewiston) June 28-29. Garden home show with vendors, demonstrations, displays and more. (754-2084/northofthefalls.com)

Lewiston Art Festival (Center St., Lewiston) Aug 9-10, 10am-6pm Saturday and 10am-5pm Sunday. Juried art show with over 150 artists, food and drink vendors, workshops, student work, a chalk mural competition and more. Free admission. (754-0166/artcouncil.org)

Mayville Bluegrass Festival (Lakeside Park, Rt. 394, Mayville). June 14-15. With Chris Hillman, Herb Peterson, John Cowan Band, Dave

Peterson and 1946 and many more. The festival also features guitar, mandolin, banjo, fiddle and dobro workshops, food and more (753-2800/mayvillebluegrassfestival.com)

Miss Buffalo Nature Cruise & Buffalo Lighthouse Tour (Miss Buffalo Erie Basin Marina, Marine Dr.) Sunday June 8. A three-hour tour with views of the Buffalo Harbor, Lake Erie, the Niagara River and the Black Rock Canal. Concludes with Buffalo Lighthouse Tour. \$23 adults, \$20 children. Boarding for the cruise begins at 8:30am, with a 9am departure and 12noon return. Advance tickets only, call for reservations (627-4560/penndixie.org)

National Buffalo Wing Festival (Dunn Tire Park 275 Washington St., Buffalo) Aug 30 12-10pm & Aug 31 12-7pm. Food festival featuring wings from over thirty local and national res-

taurants, a wing sauce recipe contest, the Miss Buffalo Wing pageant, the USA chicken wing eating championship finals, live entertainment and more. \$5 entry, children 8 & under free. (565-4141/buffalowing.com)

New York State Fair (Empire Expo Center 581 State Fair Boulevard, Syracuse). Aug 21-Sep 1, gates open 8am to midnight daily, buildings open from 10am to 10pm (9pm on Labor Day). \$10 general admission, children under 12 free. (nysfair.org)

Niagara County Peach Festival (Academy Park Center Street, Lewiston). Sep 5-7. Fri 5-11pm, Sat 11am-11pm, Sun 11a-10pm. Parade, peach shortcake, carnival food, entertainment, mid-way rides and more. Free. (754-9510/northofthefalls.com)

Niagara International Chamber Music Festival (Ontario, Canada, Niagara-on-the-Lake). July 21-Aug 8. More than 45 concerts performed between 15 venues throughout the Niagara-on-the-Lake region. Performances include the Philharmonic String Quartet, the Gould String Quartet, Festival Strings, Quartetto Gelato, the John Sherwood Trio and many more (905-468-5566/niagamusicfest.com)

Niagara New Vintage Festival (Niagara New Vintage Grille, 135 Taylor Road, Niagara-on-the-Lake). June 14-22. 30 wineries between Grimsby and Niagara-on-the-Lake welcome visitors with tours, tastings, and culinary treats with the first taste of Ontario's newest wines. (niagaranewvintagefestival.com)



This blue heron enjoys the boats on Hoyt Lake.

PHOTO BY DR. MARK DONNELLY

63. Go see a movie in the meadow. Make it a picnic and settle down on the grass by the Parkside Lodge to enjoy a film under the stars. Pick your date: July 12 features hometown favorite *The Natural*; July 19 *The Golden Compass*; July 26 *The Water Horse*. Showtime is 9pm.

64. Go to ArtPark. There are plenty of events to choose from—concerts, musicals, etc.—as well as classes for kids. We think it's best just to take a walk here on a sunny day. Check out artpark.net for information.

65. Mosey over to the Gerry Rodeo. Put on your chaps, don your cowboy hat, and hold on tight at the annual Gerry Rodeo, August 6-10, there'll be non-stop bull and buck riding, barrel racing, steer roping, and much more. Visit gerryrodeo.org for more information.

66. Organize a block party.

67. Take in Toronto's Buskerfest. Face-painters, stilt-walkers, musicians, fire-breathers, sword-swallowers, to name only a few. This Toronto festival of street performers benefits research on epilepsy and takes place August 21-24. More information can be found at torontobuskerfest.com.

68. March in the Pride Parade. It's open to anybody. Following the parade, which includes over 40 groups, organizations and floats, will be the larger-than-life celebration in Bidwell Park. Tons of food, music, and entertainment will be available for this all-day event on June 8th. For more information, visit www.pride-buffalo.org.

69. Take a summer class at Squeaky Wheel. Squeaky Wheel offers a wide array of classes

and workshops over the summer for both adults and children—filmmaking, screenwriting, introductions to computer editing and design programs, and more. For more information, visit squeaky.org.

70. Go fishing. But don't eat the fish from Erie or Ontario. It's not a great idea.

71. Ride your bike over the Peace Bridge and along the Niagara Parkway, a.k.a. "the scenic route," all the way up to Niagara Falls. Don't forget to have your papers in order. That means driver's license plus birth certificate, or, if you want to go whole hog...

72. Get a passport, or renew your old one. The innocent days of kids going by the boatload or busload up to Crystal Beach ended with the Department of Homeland Security, so capitulate. Sure, it's one more invasion of privacy but at least you'll have these materials on hand if you have to flee the country when the clampdown hits.

If you still don't want to cough up for a passport, a nifty, plastic, wallet-sized birth certificate can be obtained at Buffalo City Hall. But only if you were born in Buffalo.

73. Paint a landscape. Come on! How hard can it be? Explore your inner Bob Ross as you sit at your easel contemplating any one of the fabulous vistas our region offers. True, there are those who tell us that if something is worth doing, it's worth doing well. We firmly believe that if something is worth doing, then it's just worth doing—even badly.

74. Visit the Sugar Shack on Route 5 in Westfield. Pancake breakfasts are served every Sunday morning from 7am until 2pm (!) giving you plenty of time to roll out of bed and get on the road. Leave a couple hours to take the scenic Seaway Trail down the lake Erie shore to Barcelona, peek at the cool old lighthouse, then double back to Vinewood Acres Sugar Shack for a stack of flapjacks smothered in real maple syrup, made on the premises.

75. Join the tai chi group in Day's Park. Or, if sunup is too early for you and tai chi is too disciplined, invent your own martial art to practice in public. No one will know you're a fraud.

76. Spend a day in Ellicottville. The funky little ski resort town can be a lot of fun long after the snow has melted. Check out the festivals and events at ellicottvilleney.com. If you think you're enough of a patriot, make it your Fourth of July destination, which coincides with the Ellicottville Rodeo. Yee-haw!

77. Go kayaking or rafting. While the Niagara River and Lakes Erie and Ontario are the busiest spots for boaters around here, Western New York also offers some great creeks that will send you winding through unpopulated gorges cutting through primeval forests. Plan ahead with info available at www.enchantedmountains.info/what_to_do/rafting-kayaking.asp.

78. Swim in Lake Erie and Lake Ontario on the same day. If you can work in Lake Chautauqua or a waterfall in between, so much the better.

79. Go to North Tonawanda, drink at the Dockside, yell "Who!" at passing boats, hit the local bars. This can, but does not have to, coincide with Canalfest (July 13-20).

80. Travel the Erie Canal. True, this year the tolls are back in place along the historic waterway, but they aren't exorbitant. You can explore this living piece of American history in anything from a canoe to an overnight tour boat. Visit www.nyscanals.gov/ to plan your trip. Check out all 57 locks and 16 lift bridges from Albany to Buffalo. Then ask yourself: How were they able to build such an incredible waterway in only eight years, while we can't even decide what kind of bridge to build, and where to build it, over the course of 11? If you're afraid of the water, why not bike along the pathways on the banks, originally trod by faithful mules?

81. Go on a Sunday Night Bike Ride. Booze and bikes and bombing trails. Riders meet at the Bend on Allen Street, load up with beer, pick a destination, and go. Be prepared to stay up late.

82. Take an eco-tour with Buffalo Niagara Riverkeeper. Hike, bike, or paddle along the creeks, rivers and lakefront that give our region its identity. Learn about threats to these irreplaceable resources while you're at it. Visit bnriverkeeper.org to register.

83. Volunteer. Want to make a difference? Well, did you know that Western New York has the highest per-capita ratio of not-for-profit organizations in the country? There are literally thousands of ways you can help



Take a break along the lake at Graycliff.

PHOTO BY: HEATHER QUIGLEY

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Oatka Festival (Main St, Leroy). July 12-13, 10am-6pm. Parade, food, entertainment, crafts, a fishing derby, and more (585-768-6910/oatkafestival.org)

Old Home Days Williamsville (Main St., Williamsville/Amherst) July 8-11, 10:30am-11pm daily. Giant parade and Chiavetta's Chicken BBQ on Tues. Youth Day with Bicycle Rodeo, games and Irish dancers on Wed, and Family Day on Fri. Live entertainment, rides, and more. (632-4210/oldhomedays.org)

Old Home Week Buffalo/Buffalo Homecoming (Various locations). June 26-29. Eat Your Heart Out on Thurs at various restaurants throughout area, career fair at the Statler and Arts in the Park at the Albright-Knox on Fri, concert, and downtown housing tour on Sat, brunch at the Buffalo Zoo and artist fair

in Delaware park on Sun. (903-7155/buffalo-homecoming.com)

Old Sanborn Days (Sanborn Fire Company 5811 Buffalo St., Sanborn) July 12-13. Old-fashioned country fair and craft show, petting zoo, food, car show, music, chainsaw artists and more (693-6140/northofthefalls.com)

Olean Antique Roadshow and Public Auction (Jamestown Community College Cattaraugus Campus Cutco Theater, 260 N Union St., Olean) Aug 1-2. High-quality antiques and collectibles. Also Olean Farm City Days Aug 1, 9am-7pm & Aug 2, 9am-5pm. (372-4433/oleanny.com)

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Orleans County 4-H Fair (Knowlesville Fairgrounds, Knowlesville) July 23-29, 8am-10pm. Midway, exhibits and live entertainment. (585-798-4265/orleans4-hfair.com)

Outdoor Arts & Crafts Festival (Main Street, Lockport). June 28-29, 11am-5pm. Over 100 arts and crafts and food vendors, free parking, free admission (433-0813/elockport.com)

Outdoor Show and Sale of Fine Art (Main Street Middle School, 430 Main St, East Aurora). June 28-29, 10am-5pm. Over 100 artists display and sell their work. (652-2167)

Pioneer Oil Days (Main St., Bolivar) June 25-29. Parade, car show, cemetery walk, vendors, food, crafts and more (585-928-1796/oleanny.com)

Pirates Festival (Krull Park, Lake Rd/Route 18, Olcott). July 18-20, Fri 6pm-12am, Sat 12pm-12am, Sun 12pm-6pm. Rides, Food, music, entertainment and activities (778-8531/olcott-newfane.com)

Polish Heritage Festival (Erie County Fairgrounds 5600 McKinley Pkwy, Hamburg). May 30-June 1, Fri 4pm-midnight, Sat noon-midnight, Sun 11am-9pm, Mon. Live music, vendors, entertainment, food, free admission on Fri. \$15 admission Sat & Sun (998-2501) polfunfest.com (649-3900/the-fairgrounds.com)

Porter Cup Golf Tournament (Niagara Falls Country Club, 505 Mountain View Dr., Lewiston). July 22-26: free admission to one of the top amateur golf tournaments in the world (282-1204/portercup.com)

these groups provide important services in our community. Whatever your skills, they can be directed to where they'll do the most good by visiting volunteersolutions.org/uwbec/volunteer, a service of the United Way of Buffalo and Erie County.

84. Watch fireworks from the rooftop of a downtown building. If you don't know someone with a key, then you'll have to be creative. Maybe break some laws. You've got lots of chances—the Bisons put on a display every Friday home game. Then there the Fourth of July and the Friendship Festival on June 28-30.

85. Whittle something. It's a good idea to carry a pocketknife in the summer anyway, in case you should need to steal some peony blossoms from a neighbor's garden. That knife has other uses, however: try whittling.



The X-2 Skycycle at the Evel Knievel Museum in Niagara Falls, Ontario.

Make a personal totem.

86. Visit the places where *Buffalo 66* was filmed. This is apparently a popular request among visiting artists to Soundlab, especially the Japanese. *Ah, konnichiwa!* Of course, and don't ask us why we know this, the big attraction associated with this movie seems to be the strip bar out by the Ford plant on Route 5 in Woodlawn. Virtually anywhere you look you'll see examples of the Buffalo upper/lower doubles, gas stations, and motels you see in the movie, but if that's not edgy enough for your hip tourist friends, why not take them out to the Gowanda Correctional Facility, where the prison scenes were filmed?

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RiverFest (Father Conway Park, Ohio St., Buffalo). June 20-21. Fri 6pm-midnight Sat 9-midnight Live music, a river regatta, classic car show, kids area and more (823-4707 ext. 4/thevalleycenter.com)

Roycroft Summer Festival (Roycroft Campus, 1054 Olean Rd, E Aurora) June 28-29. Arts and crafts by the Roycroft Renaissance artisans. Free. (655-0261)

Rochester International Jazz Festival (Various venues, downtown Rochester). June 13-21. The 7th annual festival, with more than 800 artists from around the world, performing in 250 concerts, 5 free venues, or purchase tickets to headliner shows by artists such as Frank Sinatra Jr., Dee Dee Bridgewater and Al Green

(585-454-2060/rochesterjazz.com)

Scandinavian Folk Festival (Jamestown Community College 525 Falconer St, Jamestown). July 18-20, Fri 3pm-10pm, Sat 10am-10pm, Sun 10am to 4pm. Scandinavian fair with food, live entertainment, shops, dancing, lectures, crafts, workshops (338-1187/scandinavianjamestown.org)

Shakespeare in the Park (Shakespeare Hill in Delaware Park, near Hoyt Lake) Everyday Tuesday-Sunday June 7-Aug 17, at 7:30pm. June 19-July 13: *King Lear*; July 24-Aug 17: *Merry Wives of Windsor*. Free. (856-4533/shakespeareindelawarepark.org)

Shaw Festival (Niagara-on-the-Lake, Festival Theater). *An Inspector Calls* (April 17-Nov 2),

Wonderful Town (April 1-Oct 5), *Mrs. Warren's Profession* (July 6-Nov 1) *Court House Theater: The Stepmother* (April 29-Oct 4), *A Little Night Music* (June 1-Oct 4), *Belle Moral: A Natural History* (July 12-Oct 5). Royal George Theater. (1-800-511-SHAW/shawfest.com)

St. John's Strawberry Festival (Main Street at Chestnut, Youngstown). June 21-22, noon-5pm. Entertainment, raffles, church tours and homemade strawberry shortcake (754-9500/northhofthefalls.com)

Sterling Renaissance Festival (1538 Farden Rd., Sterling). July 12- Aug 17 Saturdays and Sundays only, 100:30am-7pm. Over 80 stage and street performances, more than 200 actors and stagehands recreate an authentic English Renaissance Village, food, crafts, join

in a pub sing, wench auction, and trial and dunke, \$22 adult admission, children 6-12 \$9.95, children 5 and under free (1-800-879-4446/sterlingfestival.com)

Strawberry Festival (Goose Watch Winery, 5480 Route 89, Romulus). Sat June 14, noon-5pm. Live music, fresh strawberries, strawberry desserts and strawberry wine (315-549-2599/goosewatch.com)

Strawberry Festival (Merritt Estate Winery) 2264 King Rd, Forrestville June 14-15, Sat noon-10pm, Sun noon-6pm. Live music, live and silent auctions, clowns, clog dancers, strawberry shortcake, wine tasting and more (1-888-965-4800/merrittestatewinery.com)

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87. For one week, shop only at local farmer's markets. The Elmwood-Bidwell Market will do, but trek out to Clinton-Bailey as well.

88. Walk the pier at the foot of West Ferry. If you're brave, swim with the neighborhood kids in the Black Rock Canal.

89. Take some friends down to the CPO Club, while you still can. Hopefully, by the time you take this bit of advice, the club will have renewed its liquor license.

90. Go sailing, or take sailing lessons at Seven Seas Sailing Center. If nothing else, watch the sailboat races on Wednesday nights. It's a great big lake. Find out more about Seven Seas at sevenseassailing.com.

91. Volunteer at Buffalo Blue Bicycle on a Thursday night. If only for the free beer.

Drink in the colors at the Butterfly Conservatory.

PHOTO BY: ROSE MATTREY



Learn more at buffalobluebicycle.org.

92. Watch rowers from the steps of the Frank Lloyd Wright boathouse. When's the last time you were in that kind of physical shape? Were you ever?

93. Make time for a few rounds of golf—Frisbee golf, that is. Why get bogged down with expensive equipment and long lines at the tee when the same concept can be enjoyed with a simple plastic disk? While you can find actual Frisbee golf courses at Evangola State Park and Joseph Davis State Park in the town of Porter, we prefer guerilla disk golf, in which players ad lib holes as they wander through parks, neighborhoods, and college campuses. For an added challenge, try using glow-in-the-dark Frisbees at night.

Summer Festival of the Arts (Village of Ellicottville and Holiday Valley Resort). July 3 - 6. (1-800-349-9099/ellicottvillenyc.com)

Taste of Buffalo (Delaware Ave/ Niagara Square). July 12-13, Sat 11am-9pm, Sun 11am-7pm. The 25th anniversary, with more than 150 culinary specialties served by WNY restaurants, live music, children's area with special entertainment and activities, free admission, fees for food (831-9376/tasteofbuffalo.com)

Taste of Ellicottville (Various locations, Ellicottville). Aug 9-10, noon-4pm. Sample the best that 22 fine restaurants have to offer (800-349-9099/ellicottvillenyc.com)

Toronto Gay Pride Festival (Various locations, Toronto). June 20-29. One of Canada's pre-

miere arts and cultural festivals and one of the largest Pride celebrations in the world, with a Pride Parade, a Dyke March, live entertainment, marketplace and more (416-9277433/pridetoronto.com)

Toronto Jazz Festival (82 Bleeker St., Toronto). June 20-29. More than 350 concerts held across 40 venues throughout downtown Toronto. Performers include Nikki Yanofsky, Lizz Wright, Ryan Shaw, Alice Russell, Tony Monaco and more. Tickets available at ticketmaster.ca or 416-870-8000. (416-928-2033/tojazz.com)

Victorian Dazzle (Various locations, downtown Fredonia). July 18-19. Experience the Victorian era with period costumes, cemetery ghost tours, lectures and demonstrations, antique vendors, architectural tours, arts, food

and entertainment. (888-414-4818/festivals-fredonia.com)

Waterfront Art Festival (Kershaw Park, Lakeshore Dr, Canandaigua). July 26-27, Sat 10am-6pm, Sun 10am-5pm. Over 200 artists with hand-made, high quality work, along the beauty of the Finger Lakes region. (waterfrontartfestival.com)

Wellsville Balloon Rally (Island Park, Route 417/Route 19, Wellsville). July 18-20. Mass hot air balloon launches, Wellsville Main Street Festival on Sat, food and merchandise vendors, live entertainment, free admission (585-593-3752/wellsvilleballoonrally.com)

Westfield Arts and Crafts Festival (Moore Park, Rts. 394 and 20, Westfield). July 25-26, Fri 9am-7pm, Sat 9am-4pm. Annual YWCA

festival, with 200 vendors, food, free parking (326-2011/tourchatauqua.com)

Wildlife and Renaissance Festival (Hawk Creek Wildlife Center, 655 Luther Road, East Aurora) July 19-20, 26-27. Bird shows and demonstrations, dragon exhibit, live music, medieval reenactments, children's games and art show. \$7 admission. (652-8646/hawkcreek.org)

Wines in the Wild (Buffalo Zoo, Parkside Ave. at Delaware Park) July 30, 6pm-9pm. Adopt-an-Animal benefit: sample food, dessert, beer and wine, with live music and visits from animal ambassadors. Tickets are \$35 presale and \$40 at the door. Must be at least 21 years of age (995-6131/buffalozoo.org)

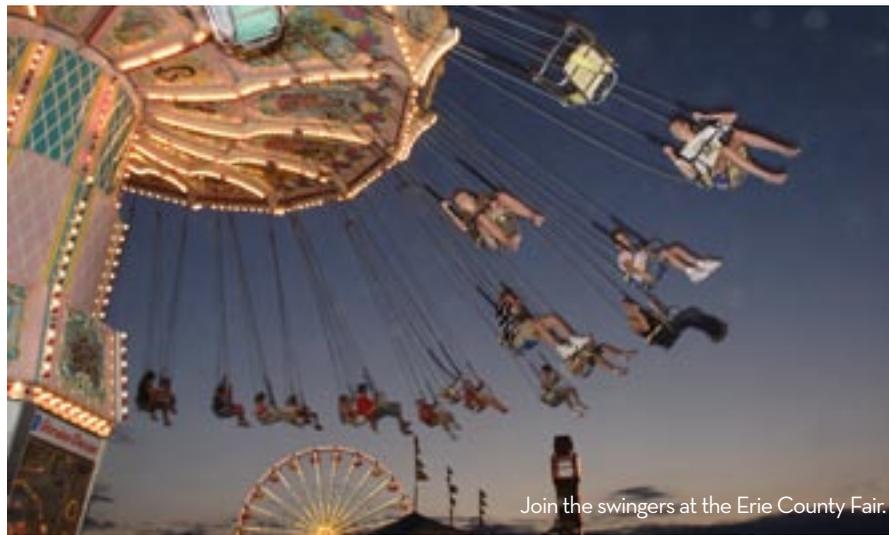
Women's Weekend (Various locations, Ellicottville). June 20-22. Females only: honor,

94. Drink on patios that face the sun. Summer is too short to spend it in the shadows.

95. Bring champagne to parties this summer. It's classy, it doesn't have to be expensive, and folks will love you for it.

96. Pick your own berries. There are plenty of places to do this in Western New York—too many to list, in fact. Visit pickyourown.org for a guide of pick-your-own farms in the region (or wherever you happen to be this summer).

97. Follow the Seaway Trail. Given the price of gas, this is an expensive proposition—unless you ride a motorcycle. But if you can swing it, and you've never done it, this is a great road trip with lots of charming stops



along the way. Read about the route at seawaytrail.com.

98. Buy something besides food at an art festival. Take your time. Get something you like. Don't be taken in by this year's fad. Buy local. The Allentown Art Festival (and, better yet, Allen West) is June 14-15; the Elmwood Festival of the Arts is August 23-24; the Lewiston Arts Festival is August 8-9.

99. Seek out small carnivals. In church parking lots and village parks. If you stumble across one, ask one of the ride operators where they're going next.

100. Save up for your winter heating bills.

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educate and celebrate being a woman with activities geared toward a happy, healthy lifestyle such as hiking, yoga, women speakers, spa treatment and more (800-349-9099/ellcottvillenyc.com)

Woofstock (St. Lawrence Marketplace Front Street, Toronto). June 7-8, 10am-6pm. The largest outdoor festival for dogs, with doggie makeovers, canine pageants, trick contests, a walk-a-thon, marketplace and free admission (416-234-9663/woofstock.ca)

Youngstown Firemen's Field Days (Veteran's Park Nancy Price Drive, Youngstown). Sep TBA. Midway rides, food festival, car show, traditional beer tent, craft show, games and a parade (754-2199/northofthefalls.com)

FAMILY FUN

Amherst Museum (3755 Tonawanda Creek Rd., Amherst). May 31. Civil War Living History Weekend June 14-15. A Taste of Blacksmithing July 19-20, 26-27 & Aug. 2. Annual Scottish Festival Aug 16. (689-1440/amherstmuseum.org)

Artpark (450 S 4th St, Lewiston). Summer Art Camp: July 7-11, July 14-18, July 28-Aug 1, 9am-4pm. Instruction in drawing, painting, ceramics, textiles and printmaking. Beauty & the Beast Theater Camp: Aug 18-22, 9am-4pm. Instruction in acting, dancing, singing and storytelling. Both camps suitable for children 9-14. Art in the Park June 28-29, Picnic Table Art. July 8-Aug 22, Tuesdays-Fridays 2-4pm, Artists in the Park. July 12-Aug 3 12-4pm Family Weekends:

July 12-13, Art in Motion, July 19-20, Aquatic Art; July 26-26, Enviro Art; Aug 2-3, Art & Science. (754-9000/artpark.net)

Aquarium of Niagara (701 Whirlpool St., Niagara Falls). Open daily 9am-5pm. \$9 adult, \$6 children 4-12, children under 4 are free. July 18: Putting For Penguins night golf tournament at Newfane Pro Am. (285-3575/aquariumofniagara.org)

Bacchus Summer Film Series (56 W. Chipewa St., Buffalo) Wednesdays June 4-Sept 17, dusk. June 4: *Psycho*; June 11: *Boondock Saints*; June 25: *American Graffiti*; July 9: *Wedding Crashers*; July 16: *Slap Shot*; July 23: *Dirty Dancing*; July 30: *Snatch*; Aug 6: *Stand By Me*; Aug 13: *Something About Mary*; Aug 20: *Super Troopers*; Aug 27: *The Blues Brothers*; Sept 3: *Goldfinger*; Sept 10: *Manchurian Candidate*;

Sept 17: *Casablanca*. (854-WINE/ultimaterestaurants.com)

Becker Farms & Vizcarra Vineyards (3760 Quaker Rd, Gasport) Open daily, 9am-7pm. Pick-your-own fruits and vegetables, farm animal petting zoo, hay rides, pony rides, and other family activities. June 8, Kids Day; June 14 & 15, Niagara Wine Trail Wine & Cheese Celebration, \$20; June 15, Strawberry Extravaganza; July 6, Raspberry Jamboree; July 19, Becker Blues Winery Bash & Niagara Wine Trail Cool Whites, Hot Nights Event; Aug 16 & 17, Niagara Wine Trail Artful Weekend, \$20; Aug 31 & Sept 1, Labor Day Harvest Festival. Call ahead for picking dates. Visiting is free, activity costs vary. (772-2211/beckerfarms.com)

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